

Case Study - Student Volunteer Emma Talbot

Emma Talbot is a 1st year Forensic Science student; she has been interested in becoming a Community Volunteer since Freshers Fair last September. She is currently volunteering as a Befriender at Stones Place care home for the elderly, (MHA care group, housing and care for older people). Emma volunteers there to help improve the quality of life of MHA scheme members, residents and tenants who are elderly and often experience isolation and loneliness. As a befriender she is supported and encouraged to provide ongoing support and companionship to those who express a need within the community. The role involves doing a few hours a week visiting the residents and talking with them. Also she helps with organising events in the home from time to time.



“When I started at the University I decided that I should do something worthwhile with my free time. Then during the Freshers Fair I was approached by the Community Volunteers. After an initial interview I decided that working with little kids wasn't for me, I then found out about Stones Place; a care home for the elderly. After my first visit I knew that I could work there and could make a difference so I committed myself to a few hours a week. I help the activities Co-ordinator to organise events for the residents to enrich their lives. For example, I spent Valentines day knee deep in hearts decorating the dining room. I hope to eventually work more closely with those residents who don't get many visitors of their own. I would like to thank the Community Volunteers for helping me to find this opportunity and I hope to continue volunteering at Stones Place during my 3 years here in Lincoln.”