



## Lincolnshire Army Cadet Force Staff Exercise - Executive Stretch



**Wednesday 22nd November 2006**



Major Mike Radford approached us to recruit volunteers to take part in a Team Building Day involving command tasks such as problem solving to accomplish an activity, a Shooting gallery and a climbing wall. The University entered two teams:

One from the Student Union: Michael Beddoes, James Roberts, Mark Crowhurst, Natalie Pell and Tom Cozens.

One from University Staff: Beth Horwood, Matthew Smith, Stephen Gilliatt and Jonathan Gaze.

It was a chilly and wet day but that did not dampen the spirits of the teams taking part. Everyone reported that it was a very good day and the University Staff team won, each member receiving a prize (donated by Siemens) and a T-shirt!